

Brooks/UNF Orthopaedic Manual Physical Therapy Fellowship Overview & Infrastructure

Program Overview:

Psychomotor Training	265 Hours
Theoretical/Cognitive	402.5 Hours (239 hours from in-person class & 163.5 hours from DLAs)
1:1 Clinical Mentoring	130 Hours
Clinical Supervision	500 Hours (in addition to the 130 1:1 hours)
Additional DLAs	446.5 Hours

Total Hours **1744+ Hours (as some DLAs are not assigned hours)**

Curriculum Overview:

- Class will meet on ~40 Tuesdays from 8:00am-5:00pm and ~24 weekend days 8:00am-5:00pm (See schedule for specific dates/times.)
- Curriculum within the classroom component is divided into two types of learning:
 - Theoretical/Cognitive material (402.5 hours)
 - OMPT Psychomotor Training (265 hours assessment and intervention techniques)
 - 149 spine and 78 extremity dedicated hours
 - 38 hours related to practical assessments.
- Fellows in Training (FiT) will receive 130 hours of 1:1 mentoring from an AAOMPT Fellow while treating their own caseload.
- The different aspects of learning (i.e. Theoretical/Cognitive & Psychomotor) will be integrated within each component of the curriculum as well as within the clinical mentoring.
- Each FiT will participate in Directed Learning Activities (DLA's) within the areas of clinical practice, education, scholarly activities, professionalism, and practice management. This includes providing 1:1 clinical mentoring for Orthopaedic Residents.
- FiT's will practice 40 hours per week (Four-10 hour days) and will be given 120 hours of "banked time" to use each year to complete OMPT Fellowship program requirements.
 - 20 of those hours to be used towards an elective DLA track of FiT's choice in the 2nd year.
- Each body region will be covered in 5 classes over the course of the 2 years. (Upper Extremity, Head and Neck, Thoracic Spine, Lumbar Spine, Pelvis, Lower Extremity). There are two general types of classes, Didactic Presentations and Combined Theoretical/Cognitive & Psychomotor Lab classes
 - Didactic Presentation Classes include presentations developed and presented by the FiTs
 - Joint/Body Region Conditions (4 hour presentation)
 - General Pathology Presentation (2 hour presentation)
 - Special Topics Presentation (2 hour presentation)
 - Theoretical/Cognitive (4 hours) & Psychomotor Labs (4 hours)
 - Each FiT will present >/1 patient case with Clinical Reasoning Discussion
 - Practical work related to the patient cases to follow (FiT and/or Coordinator led)
 - Each FiT will serve as the leader for designated psychomotor lab components
 - Fellowship Coordinator leads psychomotor lab components for advanced manual techniques including HVLA thrust manipulation and other skills as indicated
 - Fellowship Coordinator integrates educational strategies as indicated to advance the FiTs' ability to synthesize and evaluate data for best patient management in an evidence informed manner
 - FiT Year 1:

- Didactic Presentation day
- Theoretical/Cognitive & Psychomotor Lab day with only FiTs 1 present
- Theoretical/Cognitive & Psychomotor Lab day with both FiTs 1 and 2
- FiT Year 2
 - Theoretical/Cognitive & Psychomotor Lab day with only FiTs 2 present
 - Theoretical/Cognitive & Psychomotor Lab day with both FiTs 1 and 2 present
- Each FiT will serve as the leader for psychomotor practice sessions as assigned (to occur outside of designated Tuesday or Weekend class times). These sessions will be scheduled and coordinated by the FiT's. The Faculty may or may not be present for these sessions.
 - 4 hours per joint/region for a total of 44 hours
- Each FiT will undergo formative assessment throughout the program.

Revised 04/2020